



SFCNS Swiss Brain Health Plan

2nd Stakeholder Meeting

2024 05 December

10:00-18:30 | Zentrum Paul Klee, Bern

Program



Organized by **IMK** Institute for medicine and communication Ltd.

Mot de bienvenue de la conseillère fédérale Elisabeth Baume-Schneider

La promotion de la santé cérébrale et la prévention des maladies neurologiques et psychiatriques sont d'une importance capitale pour la Suisse. Le nombre de personnes atteintes dans leur santé psychique est en augmentation. Cette tendance, déjà présente avant la pandémie de Covid-19, a été mise davantage en lumière et s'est renforcée depuis.

Pour répondre aux besoins des personnes affectées dans leur santé psychique et de leur entourage, il est essentiel de disposer de suffisamment de places pour une prise en charge et un accompagnement professionnel, tant en stationnaire qu'en ambulatoire. Parallèlement, il est essentiel d'encore mieux comprendre les raisons qui expliquent cette augmentation et de renforcer autant que possible la prévention. L'ambition est que chacune et chacun dispose des ressources qui lui permettent de mener une vie satisfaisante et digne et d'être, avec ses potentialités et ses fragilités, intégré dans la société. La promotion de la santé psychique constitue une priorité de notre Stratégie nationale de prévention des maladies non transmissibles.

Je remercie les participantes et participants pour leur engagement, dans le cadre de leurs responsabilités respectives, et leur souhaite une rencontre fructueuse.



Elisabeth Baume-Schneider
Conseillère fédérale
Cheffe du Département fédéral de l'intérieur

Societies supporting Swiss Brain Health Plan



Welcome

Welcome to the SFCNS Swiss Brain Health Plan 2nd Stakeholder Meeting

It is our great pleasure to welcome you to the **SFCNS Swiss Brain Health Plan 2nd Stakeholder Meeting**, here at the Zentrum Paul Klee, Bern.

This Swiss Brain Health Plan implements the Swiss Brain Health Strategy in accordance with the EAN Brain Health Strategy, launched by the WHO and the European Academy of Neurology EAN in 2022.

The joint goal is **awareness creation about brain health as a whole** and to **initiate prevention programs**. The strategic task force of the Swiss Brain Health Plan consists of the about 50 authors of the publication «**The Swiss Brain Health Plan 2023-2033**».

The Swiss Brain Health Plan will be developed further by SFCNS as it involves many specialties of the neuro field. The goal of the 2nd Stakeholder Meeting is to strengthen information and awareness creation among all stakeholders i.e. politics, hospitals, patient organizations, researchers, insurances, companies and the public.

During the 2nd SFCNS SBHP Stakeholder Meeting representatives of the Swiss Healthcare system, politicians, patients as well as national and international experts will illustrate and explain the importance of good brain health across lifespan.

Why is Brain Health so important?

Good Brain Health is vital to reducing the large and growing healthcare burden associated with brain disorders. This strategy recognizes that Brain Health goes beyond the absence of disease or treatment of disorders or rehabilitation and encompasses preventive measures to decrease the incidence of brain disorders, enabling individuals to function and cope with life situations. (EAN)

We hope that our event will be of a great interest to you and look forward to the exchange with you.



Prof. Claudio L.A. Bassetti, MD
Chair, Swiss Brain Health Plan (SBHP)
Vice-President, European Brain Council (EBC)
Past President, European Academy of
Neurology (EAN)



Prof. Luca Remonda, MD
SFCNS President

General Information

Date Thursday, December 05, 2024

Venue Zentrum Paul Klee
Monument im Fruchtländ 3
3006 Bern

Language English

Registration Online via [swiss-brainhealth2024.congress-imk.ch](https://www.swiss-brainhealth2024.congress-imk.ch)
Registration is free but commits you to attend. If you are unable to attend, please cancel your registration in writing at participants@imk.ch.

Credits

Swiss Neurological Society (SNS)	8 credits
Swiss Society of Neurosurgery (SSNS)	8 credits
Swiss Society of Neuropaediatrics (SSNP)	4 credits
Swiss Association of Neuropsychologists (ASNP)	5 credits
Swiss Society of psychiatry and psychotherapy (SSPP)	4 credits
Swiss Society of Radiology (SSR)	4 credits

Professional Congress Organizer (PCO) **IMK** Institute for medicine and communication Ltd.
Münsterberg 1 | 4001 Basel
Tel. +41 61 561 53 53
www.imk.ch | congress@imk.ch

Program | Thursday, December 05, 2024

09:00-10:00

Welcome Coffee & Registration

10:00-10:20

Welcome & Introduction

Claudio Bassetti, Bern, Chair, Swiss Brain Health Plan – SBHP
Petra Baeriswyl, Bern – Prevention and Healthcare – Federal Office of Public Health
Pierre Alain Schnegg, Bern Government Councillor, Director of Health, Social Affairs and Integration

10:20-12:00

Session I: Roadmap of the Swiss Brain Health Plan (SBHP)

Moderation: Luca Remonda, Aarau | Giovanni Frisoni, Geneva

10:20-10:45

Overall update of the 5 pillars

Claudio Bassetti, Bern

10:45-11:00

Research

Indrit Bègue, Geneva

11:00-11:15

Awareness

Raphael Guzman, Basel

11:15-11:30

Prevention: example of Migraine friendly workspace

Susanne Wegener, Zurich; Marcus D`Souza, Basel

11:30-11:45

Brain Health & School

Alexandre Datta, Basel; Tobias Iff, Zurich

11:45-12:00

Empowering patients

Martin D. Rosenfeld, Zurich

12:00-13:00

Lunch / Networking

13:00-14:00

Session II: Patient's voice

Moderation: Martin D. Rosenfeld, Zurich | Indrit Bègue, Geneva

13:00-13:30

Never give up

Daniel Albrecht (World Champion Alpine Ski Race), Fiesch – *Interview*

13:30-14:00

The critical role of Lived Experience in research

Mizué Frey (Expert by lived experience and researcher), Lausanne – *Interview*

14:00-15:15

Session III: National Roundtable

(under the auspices of the FC and National Health Minister)

Moderation: Thomas Zeltner, Bern | Matthias Peter, SNSF Representative, Bern

Conference of the cantonal ministers of health (GDK)

Kathrin Huber, Bern

Swiss Health Promotion (Gesundheitsförderung Schweiz)

Thomas Mattig, Bern

Swiss School of Public Health (SSPH+)

Antoine Flahault, Geneva

Federal Office for Public Health FOPH (BAG)

Petra Baeriswyl, Bern

National Council Switzerland (Nationalrätin)

Christine Bulliard-Marbach, Freiburg

Program | Thursday, December 05, 2024

15:15-15:45

Coffee Break / Networking

15:45-16:45

Session IV: International Roundtable

Moderation: Kristina Adorjan, Bern | Claudio Bassetti, Bern

Claudio Bassetti	– Switzerland
Thomas Mokrusch	– Germany
Silja Nicoline Angellsen	– Norway
Alfred K. Njamnshi	– Cameroon
Christopher Chen	– Singapore
Riaz Khan	– United Arab Emirates

16:45-17:45

Session V: Societal transitions

Moderation: Urs Fischer, Bern | Luca Crivelli, Lugano

16:45-17:00

Research and brain health

Valerio Mante, Zurich

17:00-17:15

Brain capital

Rym Ayadi, Barcelona, ES

17:15-17:30

The parental brain and its implications for wellbeing

Valentina Rotondi, Lugano

17:30-17:45

Digital and brain health

Tobias Nef, Bern

17:45-18:30

Farewell Apéro

SBHP Board & Scientific Committee

Prof. Claudio Bassetti, MD, Neurology, Bern – Chair, SFCNS Swiss Brain Health Plan

Prof. Kristina Adorjan, MD, Psychiatry, Bern

Prof. Indrit Bègue, PhD, Psychiatry, Geneva

Prof. Alexandre Datta, MD, Neuropediatrics, Basel

Harald F. Grossmann, IMK AG, Basel

Prof. Raphael Guzman, MD, Neurosurgery, Basel

Prof. Luca Remonda, MD, Neuroradiology, Aarau

Martin D. Rosenfeld, FRAGILE Suisse – Swiss patient organisation for people with brain injuries, Zurich

Prof. Susanne Wegener, MD, Neurology, Zurich

Prof. Thomas Zeltner, MD, The Swiss Red Cross, Bern

Haus der Universität Bern, Schlösslistrasse 5, 3008 Bern

10:30-12:00

Workshop I: CAS in Brain Health

Moderation: Marcel Arnold, Bern | Coordination: David Tanner, Bern

Participants on site

International

Silja Angellsen, Christopher Chen, Riaz Khan, Thomas Mokrusch, Alfred K. Njamnshi

National

Kristina Adorjan, Marcel Arnold, Claudio Bassetti, Bogdan Draganski, Mirjam Heldner, Andrea Klein, Iris-Katharina Penner, David Tanner, Albrecht Vorster, Roland Wiest

13:00-17:00

Workshop II: Update on National Brain Plans

Moderation: Claudio Bassetti, Bern | Kristina Adorjan, Bern

Participants on site

(by invitation only)

Welcome

Andrew Chan, Vice-Rector International & Academic Careers University Bern
Aristomenis Exadaktylos, Vice-Dean Internationalization and National Networking of the Faculty of Medicine, University of Bern

Kristina Adorjan, Swiss Brain Plan
Silja Nicoline Angellsen, Norwegian Brain Plan
Claudio Bassetti, Swiss Brain Plan
Christopher Chen, Singapore
Riaz Khan, UAE Brain Plan
Facundo Manes, Argentina
Thomas Mokrusch, German Brain Plan
Alfred K. Njamnshi, Cameroun, Yaoundé Declaration
Alessandro Padovani, Italian Brain Plan
Konrad Rejdak, Polish Brain Plan

Participants online

(by invitation only)

Suzanne Dickson, EBC
Geert Dom, EPA
Harris Eyre, Rice University Baker's Institute
Matilde Leonardi, Italian Brain Plan
Mika Martikainen, Finnish Brain Council
Elena Moro, EAN
Anna Okvist, Swedish Brain Plan

Societies supporting Swiss Brain Health Plan



Speakers and Moderators 2nd Stakeholder Meeting

Daniel Albrecht

World Champion Alpine Ski Race, Fiesch

Silja Nicoline Angellsen

Senior Advisor, Norwegian Directorate of Health
Norwegian Brain Health Strategy, Oslo, NO

Prof. Rym Ayadi, PhD

Euro – Mediterranean Economists Association –
EMEA, Barcelona, ES

Petra Baeriswyl

Federal Office of Public Health FOPH, Prevention
and Healthcare Provision Directorate, Prevention
Non-communicable diseases Division, Bern

Christine Bulliard-Marbach

National Council, Freiburg

Prof. Christopher Chen, MD, PhD

National University of Singapore, Memory Aging
and Cognition Centre Department of Pharma-
cology, Singapore, SG

Prof. Luca Crivelli, PhD

University of Applied Sciences and Arts of
Southern Switzerland (SUPSI), Manno; Swiss
School of Public Health (SSPH+), Manno, Zurich

PD Marcus D`Souza, MD

University Hospital Basel, Neurology,
Neurostatus-UHB, Basel

Prof. Urs Fischer, MD

Bern University Hospital, Neurology, Bern

Prof. Antoine Flahault, MD

University of Geneva, Institute of Global Health
Geneva, Swiss School of Public Health, Zurich,
Geneva

Mizué Frey

Lausanne University Hospital, CHUV,
Department of Community Psychiatry, Lausanne

Prof. Giovanni Frisoni, MD

Geneva University Hospitals (HUG) Memory
Centre, Department of rehabilitation and
geriatrics, Geneva

Kathrin Huber, lic. rer. soc., MPH

Conference of the cantonal ministers of health
(GDK), Bern

Tobias Iff, MD

Center for Pediatric Neurology Neuropediatrics,
Zurich

Prof. Riaz Khan, MD

Synergy Brain Health & Lifestyle Medicine
(in collaboration with Reem Hospital in Abu
Dhabi, UAE), Psychiatry & Psychotherapy FMH
Addiction Psychiatry FMH, Abu Dhabi, AE

Prof. Valerio Mante, PhD

ETH Zurich, Institute of Neuroinformatics Infor-
mation Technology and Electrical Engineering,
Zurich

Prof. Thomas Mattig, PhD

Swiss Health Promotion (Gesundheitsförderung
Schweiz), Bern

Prof. Thomas Mokrusch, MD

Bundesverband NeuroRehabilitation e.V.; German
Brain Council (GBC); Federal Association of
NeuroRehabilitation (BNR) Neurologie, Elzach, DE

Prof. Tobias Nef, PhD

University of Bern, ARTORG Center for Biomed-
ical Engineering, Bern

Prof. Alfred K. Njamnshi, MD

University of Yaoundé I (Cameroon) Biomedical
Sciences, Neurology, Neuroscience, Yaoundé, CM

Prof. Matthias Peters

Swiss National Science Foundation (SNSF), Bern

Prof. Valentina Rotondi, PhD

University of Applied Sciences and Arts of
Southern Switzerland (SUPSI) Department of
Business, Health and Social Economics, Lugano

Pierre Alain Schnegg

Governing Council, Bern

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We would like to thank the following Partner Companies for their generous support.

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Convention Center
STCC, Lausanne

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